

Helping you to relieve stress



L'AMBYOUNCE Beauty & Spa offers a retreat from the rigours and stress of 21st century life.

Spa manager Sonia Djuzel-Podnar said: "We've been operating for six months and have enjoyed tremendous support from the local community.

"Our client base includes men and women who fully embrace the wellbeing our spa offers. Clients include hard-working career men and women; mums, who are juggling a successful career with kids; and dads who are encouraged by their wives and partners to indulge themselves with a relaxing treatment, combined with some men's grooming. We also have clients who are introduced to us via a special indulgence gift voucher and, I'm happy to report that once they've experienced our five-star treatment, they come back for more." One of the most popular experiences is the Wedding Wonderland Experience. L'Ambyounce therapists and hair stylists work together to ensure clients look and feel their absolute best for that special day.

Clients book in for a wedding package consultation. This costs \$50, but is redeemable against the package chosen. Ms Djuzel-Podnar said: "We have five suggested packages for the wedding party. We use Payot Paris products. We were impressed when Qantas chose these products to use in first class spas and on board in the first class cabins. We also



believe in the efficacy of Payot.

"The company was founded by Dr Nadia Payot, who combined her medical knowledge with a desire to not only nourish the skin, but to also nourish the soul. I'm delighted to say that we're thrilled with the results we have achieved with both the Payot female skincare and treatment collections and with the men's collection, Payot Optimale." The Beautiful Bride package includes the bride's choice of facial, full body polish and wellbeing body wrap, waxing and light spa cuisine.

The Grooming for the Groom package encourages the groom to sit back, relax and enjoy five-star Optimale pampering.

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The Double the Decadence package enables the bride and groom to enjoy a romantic interlude together prior to or after their special day.

The Bridal Planner package encourages the bride to lead up to her special day with a series of treatments that will leave her looking radiant. Brides-to-be can tailor a package that could include relaxing body massages, body polishes, body wraps, facials, hand treatments, foot treatments, hair styling, eyebrow tinting, lash tinting and hair and make-up on the day.

The ultimate Bridal Party indulgence is a day-in for the whole bridal party with a range of favourite treatments. The entire spa is booked exclusively for the bridal party.

At L'Ambyounce Beauty & Spa there are six treatment rooms, including three therapeutic spa rooms, a luxurious relaxation lounge, spa jet, spray tanning and hair dressing salon.

L'Ambyounce Beauty & Spa, at 100 Furlong Road (corner of Carmody Drive), Cairnlea, is on the ground floor below Fernwood Fitness. It is open from Monday to Saturday, with late nights on Thursday and Friday. Inquiries: 9361 2300 or www.l-ambyounce.com.au